



## ~ 7 Steps to Restoration ~

***“If My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land.” – 2 Chron. 7:14***

After my husband’s unexpected death, I dealt with the many typical emotions that come with losing a spouse. In the midst of my pain, I noticed several old habits that began to rise. It seemed that in crisis mode, these old areas that God had taken from me before were not completely healed and in moments of crisis I still turned to them for fulfillment. As God opened my eyes to see this trend, I realized I needed to give those areas to Him for healing, and so daily I would lay my grief and pain at His feet for support and direction. It was a daily decision. And as I began to fight thru the powerful emotions to do not what I felt but what God was asking me to do, I began to heal. Yet, amazingly enough, thru this process God was not just healing my grief and loneliness. He was healing me to the core of my being even in those areas that had been vacant since I was a little girl. He began to make me whole.

God desires to heal His people. He longs to ease the suffering and the pain that we experience on a daily basis. And the beautiful thing is that when we give God our circumstances, He reaches in and changes not only the surface issues we face, but He goes deep to our inner being and works out the healing that needs to happen there. Thus, God’s purpose is to heal the whole person, not just one part. In fact, He openly shows us the seven steps needed to reach that point of restoration and it’s found in the text above. They are required (in the order listed) for true healing. Let’s take a look at them.

- 1. Humble Ourselves:** Until we sense a need for God in those difficult areas that need healing, we will not accept God and the change He must bring. Admitting we have a problem we cannot fix ourselves takes humility. It’s God’s first requirement in order for Him to truly heal us.
- 2. Pray:** “Until now you have asked nothing in My name. Ask, and you will receive, that your joy may be full.” – John 16:24 It takes courage to ask for help and prayer is how we communicate with God. After we admit we have a problem that needs Jesus, we must ask for His help. Simply realizing a need is not enough. We must get to the point where we are willing to ask for help.
- 3. Seek God’s Face:** “And you will seek Me and find Me, when you search for Me with all your heart.” – Jer. 29:13 True wholeness from God comes when we seek after Him in

ALL the areas of our life, not just the ones that seem convenient or easy. We must allow God to work completely and thoroughly so that our healing will be complete.

4. **Turn from Wicked Ways:** It's not always easy to turn away from a habit or a stronghold that is in our lives. Many times it requires a fight – a fight over what self thinks of feels vs. what God shows us or promises us in His Word. It's a choice to stand on the firm foundation of God's Word vs. the flimsy raft of our own desires. It's required for true healing.
5. **God will Hear from Heaven:** As we cry out to Him with our true need, God hears us. He is attracted to weakness and cannot resist the cry of one of His children who need Him. He sympathizes with our problems and it's His desire to make us whole again.
6. **God will Forgive Sin:** In order for God to bring about the full healing in our lives, He must first remove the sin that separates us from Him. That cleansing thru Jesus' blood brings us back into right relationship with God and opens up the path for God to completely change and heal us completely.
7. **God will Heal:** What a beautiful promise! The end result of laying ourselves before Christ, is that we will be made whole again. (Ezek. 36:26) True healing can begin now. And if you allow God full access, He will take that healing to your inner being and bring life to other dead parts within that need the life only He can bring.

Despite any pain, fear, or circumstances you may face or have faced, Jesus has promised healing and restoration if you will only take your heart to Him. His healing is complete and true freedom is what He offers.

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Elijah Road Ministries Devotionals

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