



~ Lessons From the Manna – Part 2 ~

“For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin.” – Hebrews 4:15

Jesus was hungry, very hungry! He had been wandering around in the desert for 40 days now with no food. The Spirit was guiding Him and I’m sure Jesus was beginning to wonder just when God would allow Him to eat. Have you ever gone thru an experience like that? Has God ever brought you thru a point in your life where you wondered exactly what God was doing and if He had forgotten about you?

It’s during those deep, dark moments of our lives when the enemy of souls loves to prey on us to tempt and convince us that what God has said or is doing in our lives should be questioned. We begin to foster the idea that perhaps we do need to take matters into our own hands, after all, in order to live a better life. That’s the lie satan successfully used on Eve who fell for it.

The bible says “He saved them from the hand of him who hated them, and redeemed them from the hand of the enemy.” – Psalm 106:10. This means that even during Jesus’ experience in the wilderness, He was redeeming man. Where Eve fell thru temptation by appetite, Jesus picked up and redeemed her and all mankind thru faith in the spoken word of His Father.

The beauty of what Jesus actually went thru for you and me during His wilderness experience is underlined when we understand what the human body goes thru when deprived of food. The website www.professorhouse.com states the following:

“In order for a person to survive without having a meal, they would need to endure some sort of mental transition in advance to be prepared for survival. Medical experts have explained that individuals would need to have a strong desire for survival in the midst of starvation in order to overcome the situation. A person who resigns himself/herself to death as an easy way out of the starvation dilemma will likely die much faster than the one who is committed to surviving the famine. Once this survival message is communicated through the brain, an individual can actually go on for days without feeling the effects of starvation.

Other factors for survival without food include both the hydration or dehydration levels in the individual in question. Living without food could actually become quite dangerous in a week’s time. For one thing, the body will experience a gradual breakdown and a number

of other symptoms will develop. Mental state of mind will make you become irritable and possess low morale. Weakness and disorientation are also clear signs that you are deteriorating. Your immune system also makes a slow descent during this time.”

Jesus walked thru this time in His life on faith, trusting that His God would see Him thru. And by seeing just a little of what He may have been experiencing during that time means there is nothing within the depths of our human experience that Jesus cannot relate to. It also means that Jesus never gave up and resigned Himself to die there in the wilderness. His desire for survival was strong and sustained thru the power of the Holy Spirit. Have you been thru a divorce or a drug addiction? Perhaps it is some other emotionally trying experience you faced. Whatever it is, the assurance is that Jesus victory is your victory (1 Cor. 15:57) and He can help you stand thru any human experience you may be facing. He went to the bowels of human emotions and was victorious. He stayed in his circumstances even though He may have felt like running. And during the process, He illustrated the lessons we need so that in following His example, we too can have the victory.

Our thoughts and feelings need to be put into the hand of the Master so He can filter them into His thoughts and feelings for you. Then His victory becomes your victory as you allow His Word to rise above what you think or feel. He understands your circumstances and He has the answer for all the issues you face. He doesn't need you to run from your circumstances. He just needs you to stand still, believe He can see you thru, and your permission to lead. You have great value and worth in God's eyes. He understands and can be trusted. Won't you allow Him to lead today?

Kimberly Mills

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